

PRODUCT	ALLERGENS (CONTAINS)													
	Celery	Milk	Nuts	Gluten	Mustard	Eggs	Fish	Soya	Crustaceans	Sulphur dioxide	Peanuts	Sesame	Lupins	Molluscs
<i>Porridge with cranberries & pumpkin seeds</i>	X	X	X	X	X	X	X	X	X	X	X	X	X	X
<i>Porridge with a touch of honey</i>	X	✓	X	X	X	X	X	X	X	X	X	X	X	X
<i>Porridge with apple & cinnamon</i>	X	✓	X	X	X	X	X	X	X	X	X	X	X	X
<i>Rustic veg broth with kale, lentils, quinoa</i>	✓	X	X	X	X	X	X	X	X	X	X	X	X	X
<i>Seasonal asparagus vichyssoise</i>	✓	X	X	X	X	X	X	X	X	X	X	X	X	X
<i>Sweet Potato & Lentil Dahl</i>	✓	✓	X	X	X	X	X	X	X	X	X	X	X	X
<i>Super broccoli & Lancashire cheese soup</i>	✓	✓	X	X	X	X	X	X	X	X	X	X	X	X
<i>Carrot & butternut soup with fresh herbs</i>	✓	✓	X	X	X	X	X	X	X	X	X	X	X	X
<i>Tomato & red pepper soup with Yorkshire Wensleydale cheese</i>	✓	✓	X	X	X	X	X	X	X	X	X	X	X	X
<i>Pea and spinach soup with fresh mint</i>	✓	✓	X	X	X	X	X	X	X	X	X	X	X	X
<i>Moroccan vegetable tagine</i>	✓	X	X	✓	X	X	X	X	X	X	X	X	X	X
<i>Root vegetable soup with pearl barley</i>	✓	✓	X	✓	X	X	X	X	X	X	X	X	X	X
<i>Beetroot soup with horseradish</i>	✓	✓	X	X	✓	X	X	X	X	X	X	X	X	X
<i>Mushroom soup with wholegrain black rice</i>	✓	✓	X	X	✓	X	X	X	X	X	X	X	X	X
<i>Cauliflower soup with Fountains Gold cheddar & kale</i>	✓	✓	X	X	✓	X	X	X	X	X	X	X	X	X
<i>Chicken & lentil soup with spinach & cumin</i>	✓	X	X	X	X	X	X	X	X	X	X	X	X	X
<i>Piri piri chicken soup</i>	✓	X	X	X	X	X	X	X	X	X	X	X	X	X
<i>Roast chicken soup with traditional veg</i>	✓	✓	X	X	X	X	X	X	X	X	X	X	X	X
<i>Thai green chicken noodle</i>	✓	X	X	X	X	X	X	X	✓	X	X	X	X	X